# **Club membership**

Club membership is through British Cycling. We aim to keep costs low and offer a family membership which offers best value if three family members join. To join our club, scan below...

# British Cycling Race Membership

Not essential for club membership or club activities but to progress onto racing, you'll need British Cycling Race Membership. Bronze is for novice racing and Silver for expert. To get a race licence, scan below...

# Coaching

We are lucky to have two British Cycling affiliated coaches; Louie at Level 1 and Matt at Level 2. Both are experienced and accomplished riders and host regular sessions. They run Groups that are open to everyone and aimed at novice riders as well as more advanced sessions aimed at members wanting to race regionally and nationally.

Booking is via the Spond App. Use code VCWAP, or scan below...





Club Membership British Cycling Spond Membership

You can contact us via Facebook, Spond, face to face when up the track or via email...

info@bathbmxclub.com

# **Regional Racing**

Bath BMX Club is one of 11 Clubs that form the South West BMX Association. Races with c.250 riders are held between March and September. More details available on the South West Region BMX Racing Facebook page.

Regional races are organised by age group and sex with both Novice and Expert classes. Novice class is for new riders who are finding their feet and are expected to move up to Expert after one year.

Racing age is determined by the year in which your birthday falls, i.e. if your 13<sup>th</sup> birthday falls between 1<sup>st</sup> Jan 23 and 31<sup>st</sup> Dec 23, your race age throughout 2023 is 13.

SW regional track locations using what3words:

Bath ///force.wanted.pines

Bideford ///lightbulb.desk.danger

Bristol ///alien.cooks.loaded

Burnham ///montage.affair.golden

Cardiff ///result.sadly.owners (under construction)

Cornwall ///shipwreck.apprehend.bounding

Decoy ///fork.grape.mats

Exeter ///liner.clouds.same

Llynfi ///accompany.delivers.bumps

Tiverton ///custom.attend.became

Torbay ///agree.clip.oldest

For further information please do not hesitate to ask.



# All you need to know but were afraid to ask!

From riding the track, equipment you need, how to join our Club, training, racing and much more!

# Latest info is posted on Facebook



### Welcome to The Tumps

Bath BMX Club have been racing at the track since the early 80's. The track is a Council owned facility and is an open track. This means that you can ride the track any time.

Please ride the track sensibly, wear appropriate clothing, helmet and gloves. To avoid clashes, the correct direction is from the start hill to the finish line.

Bath BMX Club pay the Council to use the track in structured sessions. This could be for training, gate practise or racing. Timings are always posted on social media and for everyone's safety we restrict access at these times.

# Welcome to Bath BMX Club

Born out of the BMX craze that swept the UK in the 80's, Bath BMX Club has supported riders and racers ever since.

The Club is run entirely by volunteers with an ethos to make BMX accessible to all. This means keeping costs low, free equipment hire and structured coaching. We are a club for all ages, with members from the age of 4 years to 58 years.

# A British Cycling Affiliated Club

Our Club is affiliated to British Cycling (BC). BC is the national governing body for cycle ports in Great Britain. This means we meet essential requirements for safe racing, all our activities are covered by BC insurance and coaching meets Level 2 BMX specific.

In joining Bath BMX Club, you are in safe hands

# Equipment

To ride safely you'll need some equipment. Don't worry if you don't have everything, we have bikes, helmets and gloves to lend out for free.

You'll need a full face helmet, long fingered gloves, long trousers, long sleeves, shoes, a bike and number plate for racing.



# **Bike sizing**

Race BMX size is based on rider height to top tube length. Each bike company is different but as a guide, here are bike sizes for 20" wheeled race BMX's (from GT Bikes)

Rider Height (cm)	Top Tube length (")	Size name
Up to 132	16.5″	Micro Mini
127 – 147	17.0″	Mini
137 – 157	18.5″	Junior
150 – 165	19.25″	Expert
160 - 175	20.5″	Pro
168 – 193	21.75″	Pro XL
180 – 196	21.5″	Pro XXL
188 – 198	22"	Pro XXXL

We are always happy to advise before you buy.

Important to note that your bike should be well maintained with a working rear brake, bar ends and no stunt pegs.

# **Club Racing**

As a taster for racing, we run winter and summer series Club races. These are designed to be an introduction to how racing is organised with pens, Motos and finals. Racing is by age group, entry via BC Events (scan below) and we administer races using Sqorz.

# **British Cycling Events**

Part of the BC website, the Events page is where all BC sanctioned events are listed for entry. Scan below here then scroll to the race you want...

# Sqorz

Sqorz makes administering races simple. Each rider will have 3 initial races called Motos which determines qualification for the finals. Top 8 race in the A Final, the rest in the B Final. Scan below then scroll to the Club or Race Series you want.

## Transponders

Not required for club racing but for regional and national racing, MYLAPS ProChip Transponders are used to determine lap time and race position. These can be hired on the day but bought transponders require an active subscription to work on race day. To buy a transponder scan below...

Saorz





British Cycling Events

Transponders